



Basic Life Support for Healthcare Providers.

feel prepared!

You don't have to be a healthcare provider to take this course, but it does cover checking a pulse, team rescues, and use the bag-valve-mask, which the lay person class (Heartsaver course) does not. Here's basic information to help you

Please bring your ID, wear loose and comfortable clothing, and let us know before class if you have any physical limitations so that we can do our best to accommodate and help you!

Tests are now open book! You can borrow/rent/purchase/download, etc. If you want your own copy, all AHA supplies can be obtained from ShopCPR.Heart.Org. If you want a book but money is an issue, please let us know, and we will see what we can do to help.

<https://cpr.heart.org/en/resuscitation-science/cpr-and-ecc-guidelines/algorithms>

This link takes you to a page with the latest algorithms! You can view or download! Their free app Guidelines on the Go will give you copies of the ALL the algorithms plus the latest research. If you're a little nerdy like we are, you'll love it.

Your course will follow one of the agendas below:

AGENDA FOR THE IN-PERSON CLASS

- Introduction
- 1-rescuer Adult BLS
- AED & BVM & Pocket Mask
- 2-rescuer Adult BLS
- High Performance Teams
- Special Considerations
- Child BLS
- Infant BLS
- Relief of Choking
- Conclusion
- Additional practice and skills evaluations as needed
- Exam

AGENDA BLS HEARTCODE WITH SKILLS

- PWW Segments
- 1 Rescuer Adult
- BVM & Pocket Mask & AED
- 2 Rescuer Adult
- High Performance Team and Special Considerations
- Child BLS
- Infant BLS
- Relief of Choking

Breaks are given as needed & do not hesitate to ask questions (we LOVE them)!

Feel free to bring a drink or snack- no one tests well when they are hungry or thirsty. 😊

We intend the class to be fun and relaxed, but to empower you to feel confident in your skills in an emergency. Tell us how you feel, so we can practice until you feel strong in your abilities.

Thank you for choosing us for your class!
Medical Education Angels