



Welcome to Heartsaver CPR

We are excited that you are taking a class with us and learning the life-saving skills of CPR! Heartsaver CPR is designed for those with no medical training and is a great class for almost anyone, including grandparents, teachers, coaches, foster parents, and babysitters. This course may be a stand-alone course or may include a variety of learning modules; therefore, the agenda will vary accordingly.

- Tests are now open book, so that's a great reason to have the current edition book with you on the day of class. You can download a copy to your phone, kindle or tablet at <https://ebooks.heart.org> or purchase/rent from online retailers, bookstores, libraries, or borrow from a friend. Many employers have reference libraries and are happy to loan to their staff. We also have copies in our classroom to use.
- Bring a photo ID and wear loose, comfortable clothing, as you will have to work in a kneeling position to demonstrate CPR. If you have any physical limitations, please let us know before class so that we can make arrangements to accommodate your needs if possible.
- Feel free to bring a drink/snack with you to class as well.

Heartsaver can be tailored to fit different individuals and businesses learning needs. To BE OSHA COMPLIANT, please be sure to choose Heartsaver CPR/FA Total or Pediatric Heartsaver CPR/FA Total.

Like all the AHA classes, they can be fully in-person or blended learning, where the first half is at your own pace at home (please let us help make sure you have the right link for your needs), and then in-person skills.

Adult CPR/AED Agenda

- Life is Why
- Scene Safety
- Adult CPR: Compressions/ Breaths/ AED
- Summary and Skills Test for Adult
- Naloxone
- Adult Choking

Child CPR/AED Agenda

- Child CPR: Compressions/ Breaths/ AED
- Summary and Skills Test for Child
- Child Choking
- Infant CPR: Compressions/ Breaths. AED
- Summary and Skills Test for Infant
- Choking Infant

Thank you for choosing us for your class! Medical Education Angels

First Aid Agenda

- First Aid Video Segments
- PPE, removing gloves
- Finding the Problem
- Using an Epi Pen
- Controlling Bleeding and Bandaging
- Asthma Inhaler Education

The written exam will only include the segments you or your employer requested and practiced, ranging from 10-25 questions. Tests are open book, and 84% is required to pass. Please let us know before class if English is difficult for you or if you have any special circumstances and we will try to help.